



This Institution is an equal opportunity provider
Menus are subject to change



**Leicester Central School
Lunch**
August/September 2017

**Taste Test
Event
Thursday
August 31**

Featuring
Tomatoes
& Summer Squash



Mon., Sept. 4

**Labor
Day**

Tues., Sept. 5

Dress Your Own
Hot Dog

Roasted Sweet
Potato Wedges

Fresh Fruit &
Veggie Bar

Wed., Sept. 6

Minestrone Soup

Cheesy
Breadsticks
w/Marinara

Fresh Fruit &
Veggie Bar

Thurs., Sept. 7

Homemade
Shepherd's Pie
Baker's Hand
Rolled Dinner Roll
**Roasted Zucchini
Sticks**
Fresh Fruit &
Veggie Bar

Fri., Sept. 8

**BirthDay
Celebration**

Slow Roasted
BBQ Pork
Sandwich
Creamy Coleslaw
Fresh Fruit &
Veggie Bar

Mon., Sept. 11

Meatball
Sub

Garden Pasta
Salad

Fresh Fruit &
Veggie Bar

Tues., Sept. 12

Creamy
Macaroni &
Cheese
Homemade
Cornbread

Fresh Fruit &
Veggie Bar

Wed., Sept. 13

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
Zucchini Parmesan

Fresh Fruit &
Veggie Bar

Thurs, Sept. 14

Oven Roasted
Hot Turkey
Sandwich
Chef's Mashed
Potato

Fresh Fruit &
Veggie Bar

Fri., Sept. 15

**Maple Apple
French Toast
Bake**

Local Maple Syrup
Fresh Cut Sweet &
White Home Fries
Fresh Fruit &
Veggie Bar

Mon., Sept. 18

Oven Baked
Chicken Nuggets
w/Dipping Sauce
Hand Cut Roasted
Potato Wedges

Fresh Fruit &
Veggie Bar

Tues., Sept. 19

Taco Bar w/
Soft Shell

***Homemade Salsa
w/Fresh Tomatoes***

Fresh Fruit &
Veggie Bar

Wed., Sept. 20

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
*Local Corn on the
Cob*

Fresh Fruit &
Veggie Bar

Thurs, Sept. 21

Homemade
Goulash
Garlic Breadstick
**Seasoned
Summer Squash**
Fresh Fruit &
Veggie Bar

Fri., Sept. 22

Grilled Cheese
Sandwich
From Scratch
Chicken Noodle
Soup

Fresh Fruit &
Veggie Bar

Mon., Sept. 25

Dress Your Own
Burger

Hand Cut
French Fries

Fresh Fruit &
Veggie Bar

Tues., Sept. 26

Chicken Fajitas
w/Sauteed Onions &
Peppers

Rice Pilaf

Fresh Fruit &
Veggie Bar

Wed., Sept. 27

Minestrone Soup

Cheesy
Breadsticks
w/Marinara

Fresh Fruit &
Veggie Bar

Thurs, Sept. 28

Spaghetti w/
Meat or Marinara
Sauce

Garlic
Breadstick

Fresh Fruit &
Veggie Bar

Fri., Sept. 29

Pork Fried Rice

Steamed
Broccoli

Dinner Roll
Fortune Cookie
Fresh Fruit &
Veggie Bar

Daily Lunch Offerings:


Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich

Offered with all Meals


Fresh Fruit & Veggie Bar &
Vegetable Soup

**Hood Milk: Skim, 1%
white or
Fat-Free Chocolate**

**Harvest of the
Month**

 **August**
Tomatoes

September
Summer Squash



Local Products Used
when available

*Items in bold and
italicized are
Local Products*

**Items in Bold and
Underlined are
Harvest of the
Month & Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created
by
Vermont FEED

Prices

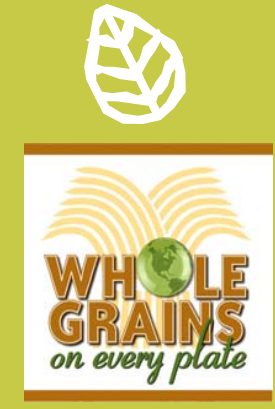
Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
**Search for Your School and Click the
K12 Payment Center link**

**We Support Local New England
Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





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BACK TO SCHOOL

Mon., Sept. 4	Tues., Sept. 5	Wed., Sept. 6	Thurs., Sept. 7	Fri., Sept. 8
Labor Day	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Sept. 11	Tues., Sept. 12	Wed., Sept. 13	Thurs., Sept. 14	Fri., Sept. 15
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept. 18	Tues., Sept. 19	Wed., Sept. 20	Thurs., Sept. 21	Fri., Sept. 22
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Sept. 25	Tues., Sept. 26	Wed., Sept. 27	Thurs., Sept. 28	Fri., Sept. 29
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk

Wed., Aug 30	Thurs., Aug 31	Fri., Sept. 1
Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk



Leicester Central School Breakfast August/September 2017

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
	Milk \$0.50		

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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!! Go to the link below.
You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

